



**CHILDREN'S ALLIANCE**

*A Voice for Washington's Children, Youth & Families*

# Talking about Racism & Bias

## Resources for parents and caregivers

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Racialized rhetoric propelled President Trump's harmful policy ideas toward the White House. Now, many of those ideas endanger kids in their homes, schools, neighborhoods and faith communities.

Parents and caregivers face the daily challenge of how to support kids in the midst of racialized rhetoric and bias incidents. Here are some resources that may help. Not all resources will fit each person or situation. Please exercise your own judgement and use what works for you.

- [Talking to Children after Racial Incidents](#) is an accessible and eye-opening conversation with Howard Stevenson, PhD, clinical psychologist, professor, and expert in racial literacy. This resource provides information for talking to kids across the age range.
- [How to Talk with Kids about Hate Speech](#) is a website created by educators, psychologists, lawyers and organizers. It includes a framework for understanding how kids learn about race, and many resources you can use to be a support to kids and youth in your life.
- [Leave a Positive Footprint](#) is an inspiring and accessible short video from the organization Not In Our Town. It features middle-school kids in one school who found a way to support and protect each other. This is a good video to watch with kids and talk about afterward.
- [This essay in the series "Race Related"](#) describes one parent's struggle and search for help to answer his first-grade daughter's questions about race and her own identity.
- ["With hate crimes on the rise, I'm teaching my kids to be kind, not scared."](#) When violence threatens her daughter's preschool, one mother sets about teaching her children how antisemitism has touched their family.
- [Books to Help Children Find Hope and Strength in Stressful Times](#) is a librarian's list of books for kids ages 3-12 that can help kids stay hopeful and happy.